

- ☐ Manage and work through public speaking fears and anxiety.
- ☐ Capture and maintain the audience's attention.
- $\hfill \Box$
- ☐ Establish credibility and build rapport through storytelling.
- ☐ Find your personal presentation style.
- □ Introduce yourself or others with confidence.
- Use verbal, non-verbal and multimedia tools to effectively enhance your speech.
- ☐ Take questions and get feedback from your audience.

DAY 2 (8:30 AM - 12:30 PM) - Skill Building and Practice

Building on the skills presented during Day 1, you will prepare and present your own speech, and receive feedback on your planning approach and presentation style from others.

BONUS! While the workshop will officially conclude at approximately 12:30 PM on Day 2, interested participants can return after lunch to receive one-on-one guidance from the trainer on an upcoming presentation they will be giving (as time permits).



THE ABILITY TO COMMUNICATE

EFFECTIVELY – INCLUDING
PUBLIC SPEAKING – RANKED AT

THE VERY TOP OF THE LIST OF MOST ESSENTIAL SKILLS.



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